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For Immediate Release

January 27, 2014

**Association of Ringside Physicians Releases Consensus Statement on  
Mouth Guards for Combat Sports Athletes**

The Association of Ringside Physicians (ARP), an international, non-profit organization dedicated to the health and safety of the boxer and mixed martial arts athlete, has released a consensus statement on the use of mouth guards for combat sport athletes, as follows:

The Association of Ringside Physicians supports and recommends the use of custom-fit dual arch (upper and lower) mouthpieces for the protection of the teeth and temporo-mandibular joints. The continued research into additional benefits of dual arch mouthpieces is further encouraged.

For more about the ARP, visit its website at  
[www.associationofringsidephysicians.org](http://www.associationofringsidephysicians.org).

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